

# Cotter Warrior Bands Summer Newsletter

## Fall 2024: SHINE

### Required Summer Rehearsals

Our Summer Rehearsals will be July 29th, July 30th, August 12th, August 13th, and August 14th

Each day will be be 8 to 3 with a 1 hour lunch break at 12.  
Complete year schedule will be given out during early week.

### Remind Codes

Please text the following code to 81010 to join the Band Remind

High School Band Students:

@cotterband

Band Parents:

@fbdc479

Keep watching Remind and Google Classroom all Summer

### Booster Meeting

There will be a Band Booster Meeting on August 14th at 7:00 PM. All HS Band Parents are required to attend. We will be discussing things such as schedule, performances, band handbook changes, and other important topics. Dinner will be provided. If parents/guardians are not able to make it, contact me ahead of time so that the information can still get to you.

# Rehearsals Information

## Themes:

Hawaiian Shirt - Monday, July 30th

Twin Tuesday - Tuesday, July 31st

Warrior Pride - Monday, August 11th

Red White and Blue - Tuesday, August 13th

On Wednesdays We Wear Pink - Wednesday August 14th

## Attendance

All summer rehearsals listed are required. They will be very important for us to get a head start on the school year and marching season. If there are any problems, please contact me immediately.

## Staying Healthy

The health and wellness of each band member is very important. Since our activities take place outdoors, the following guidelines are suggested to ensure everyone's well-being. 1: Stay hydrated. Drink water and sports drinks. A water bottle is required at every rehearsal. 2: Wear light-colored clothing. 3: Use sunscreen. 4: Wear tennis shoes during rehearsal. Wearing inappropriate footwear can lead to injuries. 5: Eat! Skipping meals, especially breakfast, can lead to passing out in hot conditions. 6: Get enough sleep. Marching band requires mental acuity as well as physical stamina. 7: Let someone know immediately if you feel ill.

# Director's Note

July 1st, 2024

Hello all! I hope you have able to rest and recuperate after a very successful school year last year. We are hoping to hit the ground running with our next marching season, and are excited for this year's show. Please make sure your instruments are in working condition, and that you are checking your email for uploads of our music and information for this show.

Can't wait to see you all soon, and drink plenty of water!

Mr. Messick

