

**Flippin School District
November 2019
Lunch Menu**

**USDA IS AN EQUAL OPPORTUNITY
EMPLOYER**



1
Pizza
Green Beans
Cucumbers
Apple
Fruit Choice 9-12
Milk

4
Teriyaki Bites
Rice
Oriental Vegetables
Egg Roll
Pineapple
Fruit Choice 9-12
Milk

5
Chicken and Noodles
Carrots
Oven Fried Okra
Pears
Pumpkin Cinnamon
Roll
Fruit Choice 9-12
Milk

6
Chicken Fried Steak
Mashed Potatoes
Broccoli
Cheese Biscuit
Peaches
Fruit Choice 9-12
Milk

7
BBQ Pork Sandwich
Baked Beans
Coleslaw
Orange
Fruit Choice 9-12
Milk

8
Grilled Chicken
Sandwich
Lettuce and Tomato
French Fries
Banana
Fruit Choice 9-12
Milk

11
Cheese Pocket
Marinara Sauce
Spinach Salad
Mandarin Oranges
Crackers 9-12
Fruit Choice 9-12
Milk

12
Beefy Nachos
Lettuce and Tomato
Seasoned Corn
Mixed Fruit
Graham Crackers 9-12
Fruit Choice 9-12
Milk

13
Meat Loaf
Mashed Potatoes
Black-eyed Peas
Hot Roll
Apple
Gelatin/Topping
Fruit Choice 9-12
Milk

14
Pig in a Blanket
French Fries
Pickle Spear
Tropical Fruit
Fruit Choice 9-12
Milk

15
Chili with Corn Chips
Celery and Carrot
Sticks
Applesauce
Fruit Cocktail Cake
Fruit Choice 9-12
Milk

18
Pizzaburger
French Fries
Fresh Pears
Pudding
Fruit Choice 9-12
Milk

19
Vegetable Beef Soup
Cheese Toast k-8
Toasted Cheese
Sandwich 9-12
Pickle Spear
Spiced Apples
Fruit Choice 9-12
Milk

20
Hamburger
Baked Beans
Lettuce and Tomato
Grapes
Fruit Choice 9-12
Milk

21
Turkey with Dressing
Mashed Potatoes
Green Beans
Cranberry Sauce
Fruit
Hot Roll
Pumpkin Cheesecake
Fruit Choice 9-12
Milk

22
Hot Ham and Cheese
Sandwich
Lettuce and Tomato
Carrot Sticks
Baked Doritos
Mandarin Oranges
Fruit Choice 9-12
Milk

HAPPY THANKSGIVING

