

# Health & Wellbeing

**Use a note that matches the color of the question you are answering and write which school you represent at the top, then submit!**

How accessible is healthy food to your family? (i.e. whole grains, fresh fruits, fresh vegetables)

Are convenience foods more accessible at your school than fresh, healthy foods?

Make a list of all of the healthy snacks you can think of that your school offers as an option.

Brag on something your school does to promote health and/or wellbeing among students.

Share your ideas for accessing healthy foods or expanding health programs at your school.