






A milk choice 1%, skim,  
and fat free chocolate is served  
with all meals.

## FLIPPIN MENU

### MARCH 2019 LUNCH

Menu is subject to change based  
on weather and food availability.

(lunch/breakfast menu)

Monday	Tuesday	Wednesday	Thursday	Friday
				1 PIZZA SALAD / DRESSING GREEN BEANS FRUIT MILK
4 CHICKEN FAJITA LET / TOM / SALSA PINTO BEANS FRUIT OATMEAL COOKIE MILK	5 HAMBURGER ON BUN SANDWICH SALAD CUP OVEN FRIES FRUIT MILK	6 OVEN ROASTED CHICKEN SWEET POTATOES CALIFORNIA BLEND VEG ROLL FRUIT MILK	7 VEGETABLE SOUP GRILLED CHEESE SANDWICH SALAD / DRESSING FRUIT MILK	8 CHICKEN SALAD ON BUN CORN ON THE COB LETTUCE / TOMATO CHIPS / FRUIT MILK
11 HOT HAM AND CHEESE/ BUN QUICK BAKED POTATO CARROT STICKS & DIP FRUIT MILK	12 TACO SNACK WRAP SALAD / DRESSING MIXED VEGETABLES FRUIT MILK	13 SPAGHETTI / MEATSAUCE SALAD / DRESSING GREEN BEANS FRUIT ROLL MILK	14 CHICKEN TACO SALAD LET / TOM / SALSA REFRIED BEANS FRUIT C.C. COOKIE MILK	15 BBQ PULLED PORK ON BUN BAKED BEANS BROCCOLI SALAD FRUIT GRAHAM CRAKER MILK
18 	19 	20 	21 	22 
				
25 CHICKEN NUGGETS/BBQ SAUCE MACARONI & CHEESE ENGLISH PEAS VEGGIES / DIP FRUIT MILK	26 WALKING TACO PINTO BEANS SALSA FRUIT COWBOY COOKIE MILK	27 CHICKEN & NOODLES SALAD / DRESSING CALIFORNIA BLEND VEGGIES FRUIT ROLL MILK	28 PORK ROAST/ GRAVY MASHED POTATOES SEASONED CORN FRUIT ROLL MILK	29 SLOPPY JOE ON BUN POTATO WEDGES BAKED BEANS FRUIT MILK

