


A milk choice 1%, skim,
and fat free chocolate is served
with all meals.

USDA IS AN EQUAL
OPPORTUNITY EMPLOYER

FLIPPIN MENU
NOVEMBER 2018

Menu is subject to change based
on weather and food availability.

(lunch/breakfast menu)

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 CHICKEN & NOODLES STEAMED BROCOLLI SALAD / DRESSING PEARS ROLL MILK FRUIT CHOICE (9-12)</p>	<p>2 HOT HAM & CHEESE ON BUN POTATO WEDGES VEGGIES & DIP BANANA MILK FRUIT CHOICE (9-12)</p>
<p>5 POPCORN CHICKEN SWEET POTATOES GREEN BEANS ROLL PEACHES MILK FRUIT CHOICE (9-12)</p>	<p>6 CHICKEN QUESADILLA SALAD / DRESSING STEAMED BROCCOLI ORANGE WEDGE JUICE BAR MILK FRUIT CHOICE (9-12)</p>	<p>7 FRITO PIE SHREDDED CHEESE VEGGIES & DIP PEARS GRAHAM CRACKER MILK FRUIT CHOICE (9-12)</p>	<p>8 TURKEY AND DRESSING MASHED POTATOES / GRAVY CORN FRUIT SALAD / CRANBERRY ROLL MILK FRUIT CHOICE (9-12)</p>	<p>9 GRILLED CHICKEN ON BUN SANDWICH SALAD CUP POTATO WEDGES BAKED BEANS BANANA MILK FRUIT CHOICE (9-12)</p>
<p>12 CORN DOG QUICK BAKED POTATO CARROT STICKS & DIP PEACHES MILK FRUIT CHOICE (9-12)</p>	<p>13 PIZZA SALAD / DRESSING CALIFORNIA BLEND ORANGE WEDGES MILK FRUIT CHOICE (9-12)</p>	<p>14 SPAGHETTI / MEATSAUCE SALAD / DRESSING GREEN BEANS PEAR HALVES MILK ROLL (9-12) FRUIT CHOICE (9-12)</p>	<p>15 BEEF TACO LET / TOM / SALSA REFRIED BEANS APPLE WEDGES MILK SPANISH RICE/FRUIT CHOICE/ COOKIE (9-12)</p>	<p>16 BBQ PULLED PORK ON BUN BAKED BEANS POTATO WEDGES GRAPES MILK FRUIT CHOICE (9-12)</p>
<p>19 VEGETABLE OR TOMATO SOUP GRILLED CHEESE SANDWICH SALAD / DRESSING PEACHES MILK FRUIT CHOICE (9-12)</p>	<p>20 HAMBURGER ON BUN SANDWICH SALAD CUP OVEN FRIES BAKED BEANS PEAR HALVES MILK FRUIT CHOICE (9-12)</p>	<p>21 22 23 <i>Thanksgiving</i> </p>		
<p>26 WALKING TACO PINTO BEANS SALSA PEACHES COWBOY COOKIE MILK FRUIT CHOICE / RICE (9-12)</p>	<p>27 CHICKEN NUGGETS/BBQ SAUCE MACARONI & CHEESE ENGLISH PEAS SALAD / DRESSING GRAPES MILK FRUIT CHOICE (9-12)</p>	<p>28 SKILLET LASAGNA SALAD / DRESSING CALIFORNIA BLEND VEGGIES BANANA ROLL MILK FRUIT CHOICE (9-12)</p>	<p>29 COUNTRY FRIED STEAK MASHED POTATOES STEAMED BROCCOLI MIXED FRUIT ROLL MILK FRUIT CHOICE (-12)</p>	<p>30 SLOPPY JOE ON BUN POTATO WEDGES BAKED BEANS APPLE SAUCE MILK FRUIT CHOICE (9-12)</p>