

A milk choice of 1%, 2%, skim and fat free chocolate is served with all meals.

FLIPPIN PUBLIC SCHOOLS
AUGUST 2018 LUNCH MENU

Menu is subject to change based on weather and food availability.

(lunch/breakfast menu)

USDA IS AN EQUAL
OPPORTUNITY EMPLOYER

Monday	Tuesday	Wednesday	Thursday	Friday
				
		1	2	3
			9	10
13	14	15	16	17
PIZZA SALAD / DRESSING ORANGE JUICE BAR MILK GREEN BEANS(9-12) FRUIT CHOICE (9-12)	POPCORN CHICKEN SWEET POTATOES GREEN BEANS ROLL PEACHES MILK FRUIT CHOICE (9-12)	BREADED BEEF STRIPS MASHED POTATOES CORN APPLE ROLL(6-12) MILK FRUIT CHOICE (9-12)	MAC & CHEESE BLACK EYE PEAS BROCCOLI / CARROTS / DIP PEARS GRAHAM CRACKER MILK FRUIT CHOICE (9-12)	HAMBURGER ON BUN SANDWICH SALAD CUP POTATO WEDGES BANANA KRISPY TREAT MILK FRUIT CHOICE 9-12
20	21	22	23	24
CHICKEN & NOODLES STEAMED BROCCOLI SALAD \ DRESSING ROLL MIXED FRUIT MILK FRUIT CHOICE (9-12)	CHICKEN NUGGETS SWEET POTATOES GREEN BEANS ROLL GRAPES MILK FRUIT CHOICE (9-12)	PORK ROAST / GRAVY MASHED POTATOES BLACK EYE PEAS ROLL BANANA MILK STEAMED CARROT / FRUIT (9-12)	STROMBOLI POTATO WEDGES SALAD / DRESSING PEARS MILK FRUIT CHOICE (9-12)	HAMBURGER ON BUN SANDWICH SALAD CUP FRIES BAKED BEANS ORANGE MILK FRUIT CHOICE 9-12
27	28	29	30	31
NACHO'S W/ BEEF LETTUCE / TOMATO SALSA REFRIED BEANS APPLE CRISP MILK FRUIT CHOICE (9-12)	CHICKEN STRIPS QUICK BAKED POTATO CARROT STICKS / DIP PEACHES MILK BROCCOLI / DIP (9-12) FRUIT CHOICE (9-12)	SPAGHETTI W/ MEATSAUCE SALAD / DRESSING GREEN BEANS PINEAPPLE TIDBITS ROLL MILK FRUIT CHOICE (9-12)	CHICKEN QUESIDILLA BROCCOLI / TOMATO/ DIP ORANGE SMILES COOKIE MILK PINTO BEANS (9-12) FRUIT CHOICE (9-12)	SLOPPY JOE ON BUN BAKED BEANS COLE SLAW CORN ON COB GRAPES MILK FRUIT CHOICE 9-12

