

"HAVE A HELPING HAND" ASSIGNMENT

You are SO lucky to be out of school today!!

So let's give a helping hand to those that help us out everyday!!

*Choose one of the following task:

- Clean out the refrigerator-- take everything out and wipe down the shelves with a hot, soapy rag. Clean out expired food and out of date leftovers (have permission)
- Wash, dry, and put away the dishes
- Do the laundry: wash, dry, fold/hang up, and put away
- sweep/mop and/or vacuum the whole house
- Clean your room (organizing and putting away clutter)
- Clean the toilet(s)
- Clean the showers/bathtub(s)
- Clean the sink/vanity in the bathroom(s)
- Dust the entire house
- Clean up clutter in any room
- Straighten up the porch
- Cook dinner for you and your family
- Other:_____
- Other:_____

*Write a thank you note

- To a person you live with that does the tasks above for you often
- Tell them how much you appreciate them.
- Tell them what you did to contribute to the household.

*Write a reflection answering the following questions:

- Which task did you choose? And why?
- Explain how being helpful make you feel.

Complete this page for every AMI day.
Enjoy your day!